

NEW beginnings

SUBSTANCE ABUSE TREATMENT

New Beginnings is a twelve-week program offering significant psychological, health, and social benefits for detainees, aiming to address the root causes of addiction and criminal behavior while preparing them for successful reintegration into society.

Benefits Include

- Personal Growth
- Improving Family Relationships
- Enhancing Motivation for Recovery
- Understand the impact of substance use on mental health
- Peer Support/ 12-Steps
- Group and Individual Counseling
- Assistance Finding Transitional Housing
- Developing Coping Skills to Deal with Life Stressors



Who Would Benefit

Individuals who have a history of drug or alcohol abuse

People who have been incarcerated on substance-related charges

Those who have been unsuccessful with other substance abuse treatment programs

Anyone who is interested in learning more about living a sober life

According to National Institute on Drug Abuse, approximately 65% of detained individuals struggled with Substance Use Disorder at the time of their arrest.

The relationship between substance use and mental health disorders is complex and often interconnected. Many people with substance use disorders also experience other mental disorders like anxiety, impulsivity, poor focus, and depression. Similarly, people with mental disorders are at a higher risk of developing substance use problems.



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