



High-Intensity OUTPATIENT PROGRAM

A High-Intensity Outpatient Program, also referred to as “Partial-Hospitalization”, is a treatment program that provides a high level of structure and support for individuals with substance use or co-occurring mental health disorders.



**BEHAVIORAL
HEALTH SERVICES**

www.SumterBHS.com



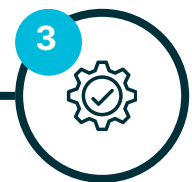
Who Is It For?

Beneficial for individuals struggling with substance use disorders who would benefit from increased structure and treatment but who do not need 24-hour residential care .



How It Works

Group treatment 24 hours weekly, 4 days per week for 6 weeks. After completion, an individual would step down to IOP (9 hours per week)



How to Join

Schedule an assessment with a SBHS counselor to begin

Contact: Stephanie Roberts



803-905-5100



SRoberts@SumterBHS.Org



755 Electric Drive
Sumter, SC 29153

HIGH-INTENSITY OUTPATIENT PROGRAM

(FORMERLY KNOWN AS: PARTIAL-HOSPITALIZATION PROGRAM)

A high-intensity outpatient program (HIOP) is the most intensive level of outpatient treatment. HIOP provides rehab services to people who require a highly supportive level of care. When appropriate, it can serve as an alternative to inpatient and residential treatment in that it provides access to a similar range of relatively intensive recovery services but allows those who need daily monitoring and management to return to their home or other sober living environment outside of treatment hours.

·People who may be good candidates for a HIOP include those who have significant substance use and co-occurring mental health conditions like bipolar disorder or depression, but have relatively stable home environments, reliable transportation, and a sufficient level of social support.

·HIOP lasts 4 weeks: 4 days a week (Mon-Thurs)

·There is a total of 6 hours of treatment a day consisting of 2 sessions for 3 hours each (9AM-12PM and 1PM-4PM) for a total of 24 hours per week

·New clients begin on Monday

·If a client misses 4 group sessions, they may have to stay in the program an extra week

HIOP SCHEDULE

Session Times	Monday	Tuesday	Wednesday	Thursday
9:00AM-12:00PM	Mindfulness	Psychoeducation	Improving Relationships	Recovery Management
12:00PM-1:00PM	Lunch (On Your Own)			
1:00PM-4:00PM	Cognitive Behavioral Therapy	Special Topics	Emotional Regulation	Peer Support